

SONG OF THE SEASONS
A Meditation on Cycles, Story, and Humility
by Emmanuel Vaughan-Lee

*"When we are truly present, the barrier between inner and outer begins to dissolve.
Each time we perceive the spiral, how it unfolds in creation, we come to know it
more intimately, and it comes to know us in return."*

Part of our story of separation from the Earth is rooted in our forgetfulness of the seasons' ever-evolving cycles of birth, growth, decay, and death. Yet the seasons still call to us every day through myriad expressions. Can we remember how to listen?

Song of the Seasons, adapted from a series of talks given at the Whidbey Institute last spring by Sufi teacher and *Emergence Magazine* founder and executive editor Emmanuel Vaughan-Lee, offers a meditation on how the sacred nature of the seasons reveals itself to us and invites us to respond from a place of gratitude and humility. Drawing from his broader teachings on spiritual ecology, Emmanuel reminds us that this kind of relationship with the seasons is not something we need to learn, but is something ancient within us that we need to remember. This book is an orientation toward one of the many ways we can recognize the Earth as animate and alive, drawing us to the simple intimacy that emerges when we offer our attention to the beauty and loss within the bloom of flowers, the silence and solace of winter, the dance present in the changing of the light. Designed to fit in your pocket, this little book can accompany you as you seek out a deeper engagement with the seasons.

EMERGENCE MAGAZINE AWARDS AND RECOGNITION

- **Pushcart Prize:** "When the Prince of Heaven Sleeps," by Roger Reeves (2025)
- **European Design Awards Gold Winner:** "Best Magazine" for Vol.4: *Shifting Landscapes* (2024)
- **Webby People's Choice Award:** "Best Magazine" (2024)
- **National Magazine Awards Nominee:** "Best Digital Illustration" by Daniel Liévano for "When the Earth Started to Sing" (2023)
- **Pushcart Prize Nominee:** "Of Wandering Angels and Lost Landmarks," by Daegan Miller (2023)
- **European Design Awards Silver Winner:** (Studio Airport) for "The Pollinators of Slovenia" (2023)
- **Signal Awards Bronze Winner:** "Best Editing" for "Valemon the Bear: Myth in the Age of the Anthropocene" (2023)
- **Webby Awards Winner:** "Best Writing Editorial" (2022)
- **Signal Podcast Awards Gold Winner** (2022)
- **AOI World Illustration Award:** by Daniel Liévano for "When the Earth Started to Sing" (2022)
- **National Magazine Awards Finalist:** "Best Design" (2022)
- **Pushcart Prize Nominee:** "Best of the Small Presses" (2021)
- **European Design Awards Winner:** "Best Magazine" (2020)
- **National Magazine Awards Finalist:** "Best Website" and "Best Digital Innovation" (2020)
- **Peabody Award Nominee:** "Best Podcast Series" (2020)

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