Emergence Magazine

Requiem, Invitation, and Celebration: A Collection of Seasonal Practices

by Emmanuel Vaughan-Lee and Lucy Wormald

Within each moment of every day is an invitation to attune to the call of the seasons. Inspired by the Japanese tradition of kigo, this collection of fifty practices offers simple ways to become attentive and respond to the myriad ways we can experience the subtle expressions of the seasons that are often overlooked within the familiar divisions of summer, autumn, winter, and spring. These simple prompts engage the cycles of breath, the inner and outer senses, playfulness, and physical immersion in the seasons' many offerings, bringing body and heart into a direct experience of a sudden downpour of rain, the sound of frogs, the presence of too much smoke, a day long with light.

ABOUT THE COMPANION VOLUME: SEASONS

Seasons focuses on the cycles of requiem, invitation, and celebration that unfold as we journey through spring, summer, autumn, and winter; and contemplates the paradoxical ways the seasons now beckon us into intimate relationship.

EMERGENCE MAGAZINE AWARDS AND RECOGNITION

- Pushcart Prize: "When the Prince of Heaven Sleeps," by Roger Reeves (2025)
- European Design Awards Gold Winner: "Best Magazine" for Vol.4: Shifting Landscapes (2024)
- Webby People's Choice Award: "Best Magazine" (2024)
- National Magazine Awards Nominee: "Best Digital Illustration" for "When the Earth Started to Sing," by Daniel Liévano (2023)
- Pushcart Prize Nominee: "Of Wandering Angels and Lost Landmarks," by Daegan Miller (2023)
- European Design Awards Silver Winner: (Studio Airport) for "The Pollinators of Slovenia" (2023)
- Signal Awards Bronze Winner: "Best Editing" for "Valemon the Bear: Myth in the Age of the Anthropocene" (2023)
- Webby Awards Winner: "Best Writing Editorial" (2022)
- · Signal Podcast Awards Gold Winner (2022)
- AOI World Illustration Award: Daniel Liévano's for "When the Earth Started to Sing" (2022)
- National Magazine Awards Finalist: "Best Design" (2022)
- Pushcart Prize Nominee: "Best of the Small Presses" (2021)
- European Design Awards Winner: "Best Magazine" (2020)
- National Magazine Awards Finalist: "Best Website" and "Best Digital Innovation" (2020)
- Peabody Award Nominee: "Best Podcast Series" (2020)

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